



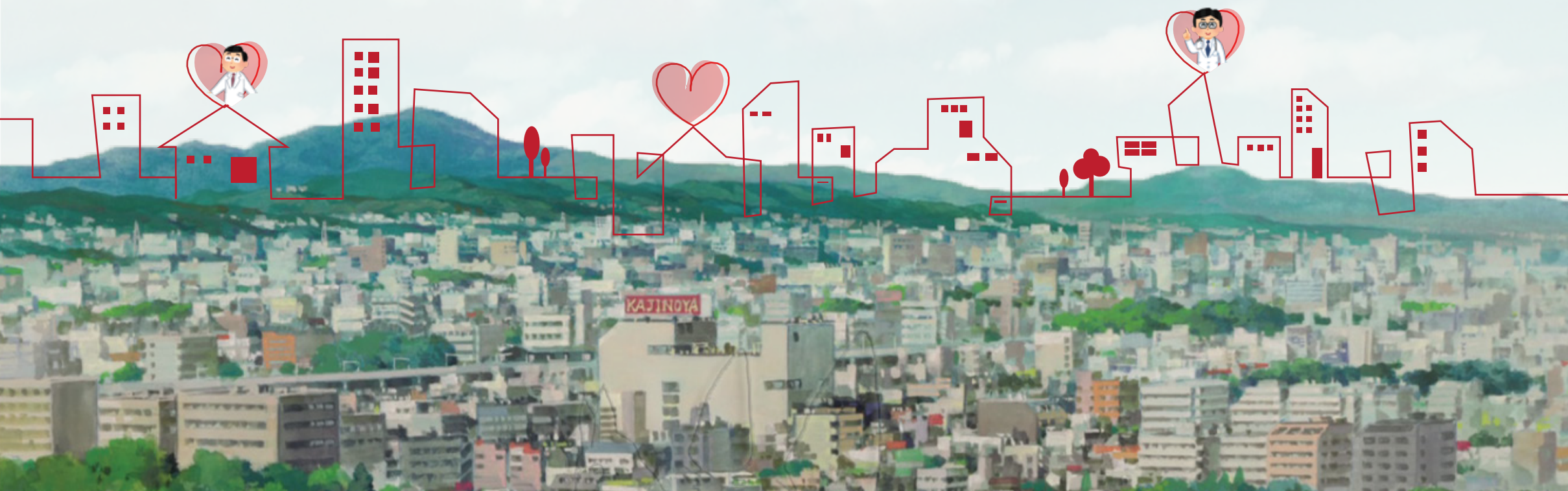
1800 888 616

info@t-matsuoka.com | www.t-matsuoka.com

VJM Building, 154 Nguyen Thai Hoc, Kim Ma, Ba Dinh, Ha Noi



# PRIVATE DOCTOR SERVICES

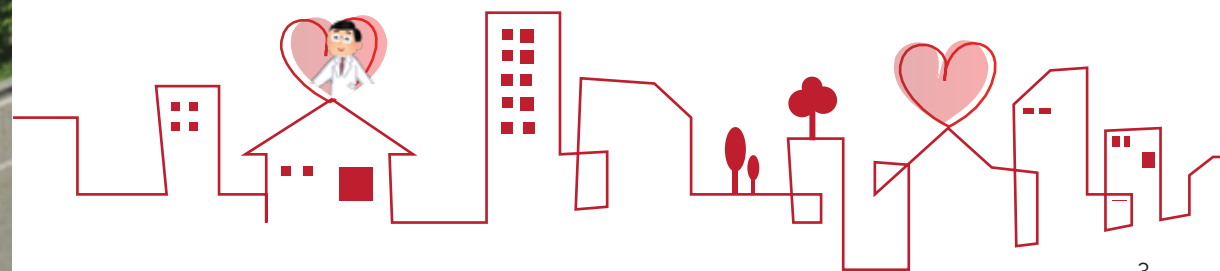






# CONTENTS

Why you should have a Private Doctor?	6
The principles of Private Doctors	7
Statement by Private Doctors at T-Matsuoka Care	16
Strengths of T-Matsuoka Care	18
Consultants behind T-Matsuoka Care's Private Doctors	20





**Health** is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity (WHO)

**Health** is being looked at from a range of aspects: family, society, environment, economy, culture, etc. This multitude of perspectives allow us to develop **holistic** and **well-suited** healthcare regimes.



*As an empathetic companion who is like a family member, T-Matsuoka Care, with a team of "Private Doctors", not only manages and takes care of your physical health, but also listens to your emotions, understands your needs and shares your life experiences.*



*That acts as the vehicle for T-Matsuoka Care to accompany You along your journey of holistic health improvement every day, by reminding and giving You advice on your lifestyle and habits to bring about positive changes.*



# WHY YOU SHOULD HAVE A PRIVATE DOCTOR?



## A 24/7 SHIELD TO PROTECT YOU EVEN WHEN YOU'RE HEALTHY

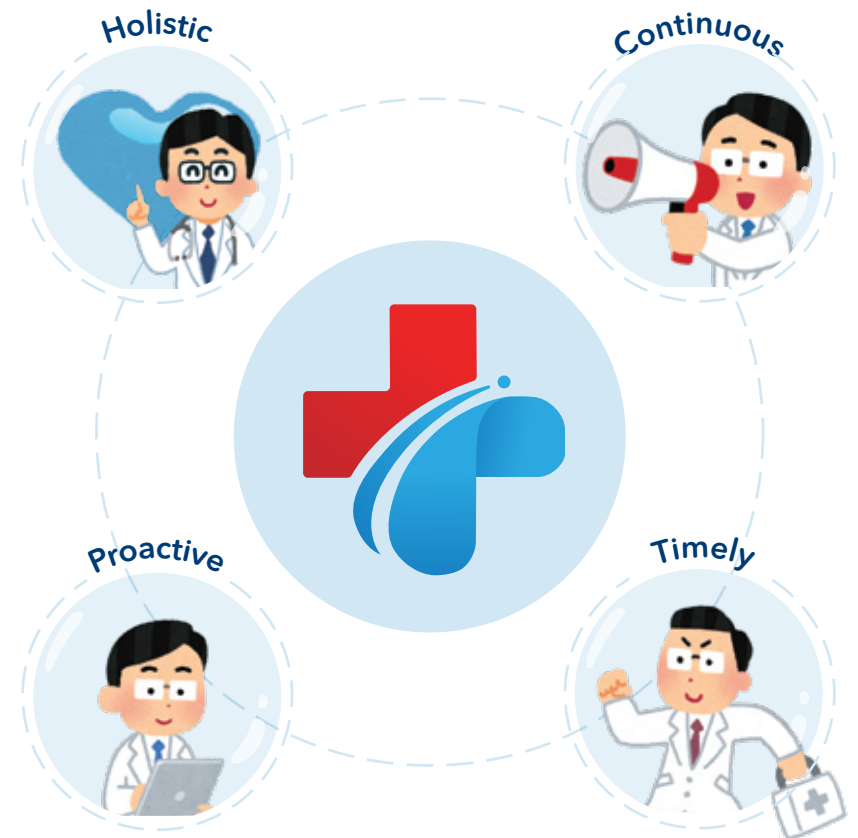


*The body is a complete "machine", and needs to be regularly inspected and monitored. When even a single part malfunctions, the whole machine is bound to be affected.*

- Thanks to your Private Doctor, you have a reliable medical fulcrum that always takes care of your body and well manages your risk factors so they won't start to interfere with your health and life.
- Thanks to your Private Doctor, you can have peace of mind in emergency situations.
- Thanks to your Private Doctor, you can rest assured with holistic and continuous healthcare solutions.

# THE PRINCIPLES OF PRIVATE DOCTOR

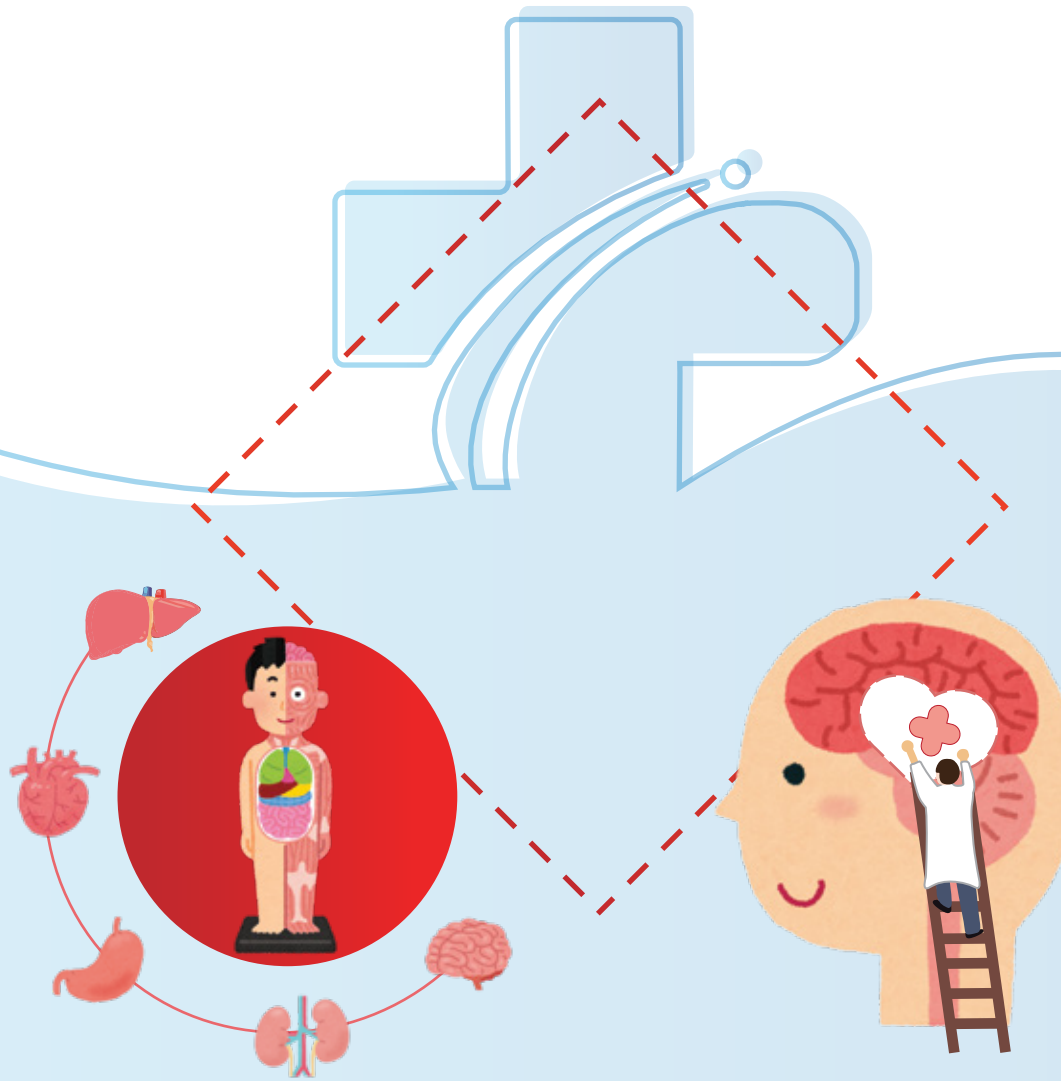
*The strength of T-Matsuoka Care's professionally managed and conscientious team of Private Doctors is underpinned by the following four principles:*





# HOLISTIC

Not restricting themselves to a specific organ, condition or age group. Private Doctors at T-Matsuoka Care will get to work grasping your whole medical history and getting to grips with the links and connections in your body and the state of your health. They are particularly vigilant against even the smallest abnormalities to help You "communicate" with specialists and connect with the medical system if need be.



*The human body  
is a magical machine:  
Complete and unified*

*Both physical  
and mental health*

Your Private Doctor helps ensure that you're holistically healthy, physically and mentally.

A manifestation of pain can come from stress or psychological phobia, and may lead to unpredictably severe consequences. To help you stay mentally healthy, T-Matsuoka Care's Private Doctors will be there to listen to you without judgment, share their advice and develop the most suitable healing plan.

# CONTINUOUS



**WHEN  
YOU'RE HEALTHY  
AND WHEN  
YOU'RE SICK**

Your health is changing over the years. Private Doctors will accompany you at all times along that journey.

They continuously monitor and update details about the state of your health at each specific milestone: When you're still healthy, when you're sick, when you're undergoing treatment, during your regular health checkups and specialist visits, etc.



Thanks to such personal medical profile, Private Doctors will have the basis to continuously manage your health and plan its maintenance, and to promptly detect risk factors and advise on how to nip them in the bud starting with your lifestyle to prevent the onset of diseases.

**PREVENTION IS BETTER THAN CURE**



In the face of a client's emergency situation, severe abnormalities, etc., Private Doctors will always accompany them and be there to reassure them and promptly handle issues, minimizing serious complications thanks to an intimate understanding of the client's medical profile.



24/7

Be right there when you need someone

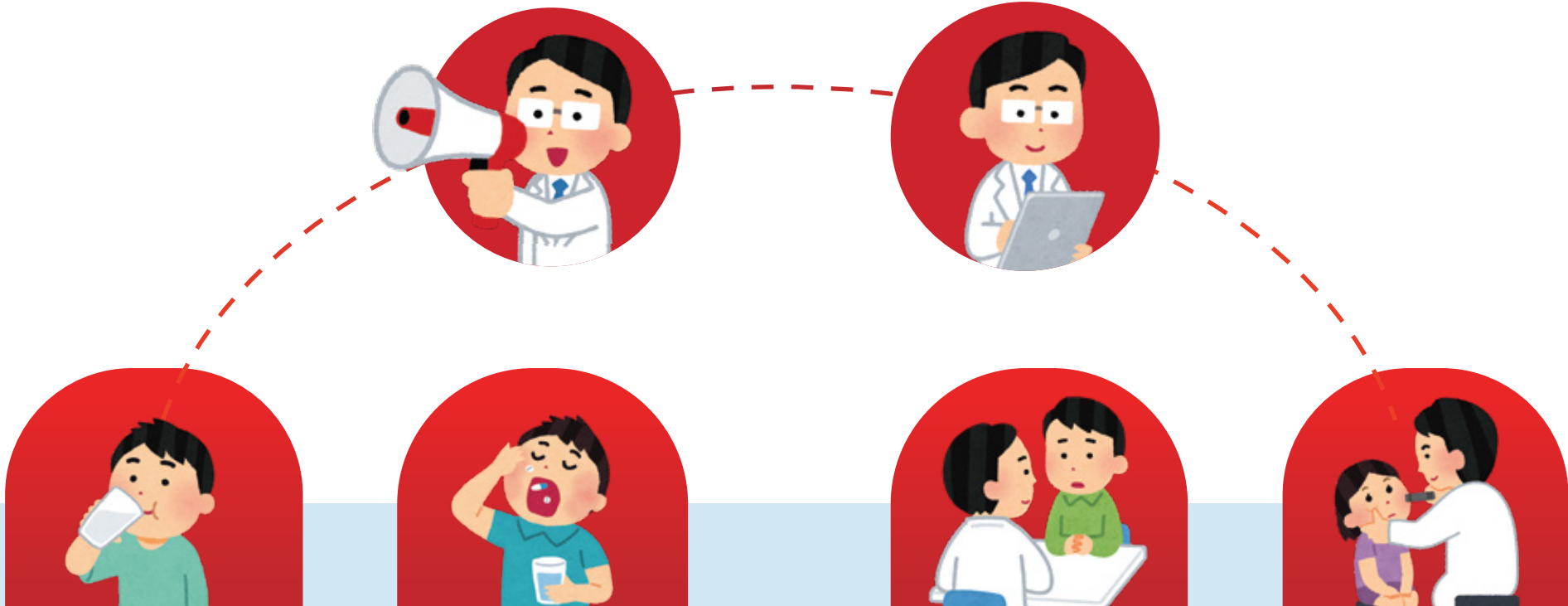
Private Doctors are the first line of defense to help customers handle non-acute health problems at home, tailor solutions to each client and help minimize inpatient treatment at medical facilities.



# PROACTIVE

*Whether you remember it or not, the "proactive" principle will always be upheld by T-Matsuoka Care's Private Doctors.*

## A PRIVATE DOCTORS' PROACTIVITY YOUR PEACE OF MIND



Proactively remind You to maintain healthy living habits.

Proactively monitor Your medication use. Give prescriptions that are optimal to your condition, control your drug response and have in place adjustment plans to achieve maximum treatment efficacy.

Proactively monitor Your health status and concerns, share and analyze your family genealogies, living environment, social relationships, etc. to develop personalized medical solutions.

Proactively monitor and remind outpatient clients to adhere to the regimen agreed with specialists to achieve maximum treatment efficacy. Timely adjust the regimen appropriately to prevent complications.



# STATEMENT BY PRIVATE DOCTORS AT T-MATSUOKA CARE



*"Whole-hearted care of clients' health" is the "guiding principle" of Private Doctors at T-Matsuoka Care, which goes hand in hand with the obligation to solve every health problems in a personalized manner according to clients' circumstances and living habits, including psychophysiological factors, disease status, the relationship between health and social, cultural and life issues, etc.*



- *Use time as a tool to attentively listen and sincerely share*
- *Use intimate understanding as the basis to dig deep and precisely fulfil health expectations*
- *Use expertise as the foundation to provide advice and well-suited solutions*
- *Take integrity as a priority to accompany Clients through their enjoyment of a quality life*

# STRENGTHS OF T-MATSUOKA CARE



*The professional council brings together leading experts from a range of specialties, who, through Private Doctors, work to support more accurate diagnoses.*

*A team of private doctors directly managed by the Family Medicine Department - Hanoi Medical University consisting of young, passionate doctors, who are all resident doctors/ masters in family medicine.*

*Digital management of personal health profiles, featuring continuous update, which makes it convenient to look up information and helps prevent oversight of important client details.*

*Modern technology and medical equipment from T-Matsuoka Medical Center, serving as the "assistant" directly participating in the intensive medical examination process if a client exhibits any severe abnormalities.*

*The system of some 40 leading hospitals in Vietnam and Japan (as partners of T-Matsuoka Medical Center) will provide timely support in cases where inpatient treatment and/or surgical intervention is required.*

# CONSULTANTS BEHIND T-MATSUOKA CARE'S PRIVATE DOCTORS



**Prof. Nguyen Gia Binh, Ph.D., M.D.**

*Chairman of Vietnam Association of Emergency Resuscitation and Poison Control*

*Former Head of Intensive Care Department - Bach Mai Hospital.*



**Assoc. Prof. Ho Thi Kim Thanh, Ph.D., M.D.**

*Head of Family Medicine Department - Hanoi Medical University*

*Head of Department of Endocrinology and Metabolism - National Geriatric Hospital*

*Director of Center for Family Medicine and Community Health Care - Hanoi Medical University Hospital*

*Member of Vietnam Association of Diabetes and Endocrinology*



**Pham Thi Ngoc Bich, M.S., M.D.**

*Member of the Standing Committee of Asia-Pacific Family Physicians Association*

*Deputy General Secretary, Chief of Office of Vietnam Family Physicians Association*

*Member of the World Association of Female Family Physicians*



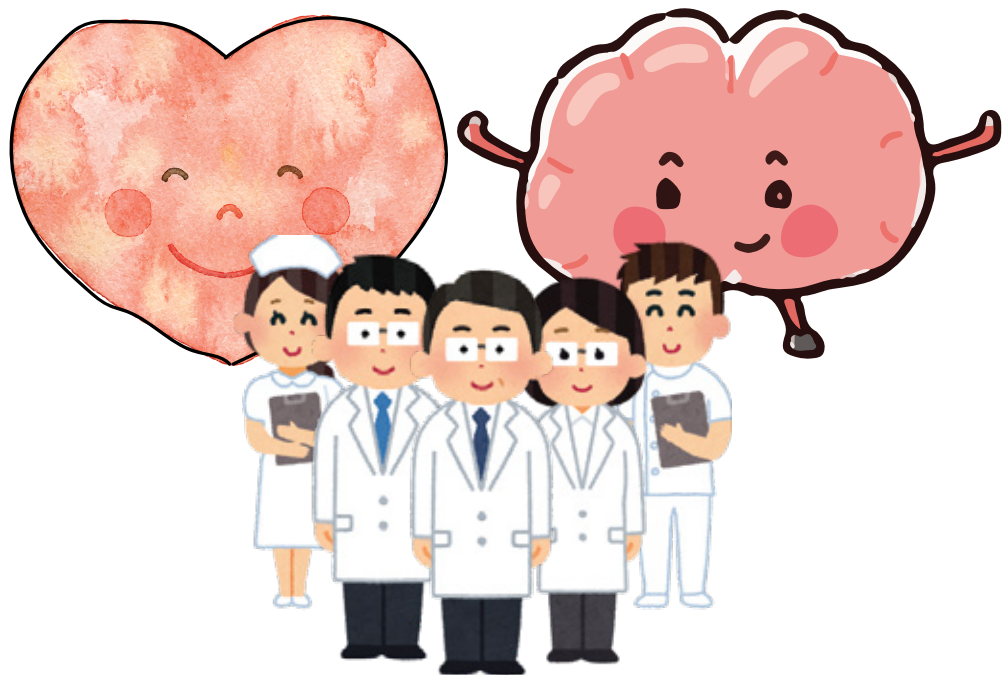
**Le Ngoc Ha, M.S., M.D.**

*Doctor of Emergency - Intensive Care Department, Hanoi Medical University Hospital*

*Doctor of On-Demand Examination and Treatment Department, Hanoi Medical University Hospital*

*Lecturer of Family Medicine - Hanoi Medical University*





## **PRIVATE DOCTORS**

*Brain of a doctor  
Heart of a nurse*

